

	Year 3/4											
Phase 1	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Outdoor	REAL PE: Unit 1		Basketball		REAL PE: Unit 3		Rugby (Wolves)		Swimming/ Cricket		Swimming/Athletics	
Indoor	Gymnastics		REAL PE: Unit 2		Dance		REAL PE: Unit 4		REAL PE: Unit 5		REAL PE Unit 6	
	Static Balance: 1 leg Unit 1	Static Balance: Seated Unit 2	Static Balance: Floorwork Unit 5	Static Balance: Stance Unit 6	Dynamic Balance: On a line Unit 3	Dynamic Balance: Jumping & Landing Unit 2	Counter Balance: In Pairs Unit 4	Coordination: Sending & Receiving Unit 4	Coordination: Balls Skills Unit 3	Coordination: Footwork Unit 1	Agility: Ball Chasing Unit 6	Agility: Reaction & Response Unit 5
GYM	•	•	•	•	*	*	•	•		•	*	
DANCE	•	•	•	•	•	•	•			*		
RUGBY						*	*	•	•	•	*	*
BASKETBALL	*			*	•	•		•	•	•	•	•
CRICKET				*		*		•	•	•	•	•
ATHLETICS	•			•	•	•				•		*

	Static Balance: 1 leg	Static Balance: Seated	Static Balance: Floorwork	Static Balance: Stance	Dynamic Balance: On a line	Dynamic Balance: Jumping &	Counter Balance: In Pairs	Coordination: Sending & Receiving	Coordination: Balls Skills	Coordination: Footwork	Agility: Ball Chasing	Agility: Reaction & Response
	Unit 5	Unit 4	Unit 4	Unit 3	Unit 2	Landing Unit 5	Unit 2	Unit 6	Unit 1	Unit 3	Unit 6	Unit 1
	Year 5/6											
GYM	* Autumn A •		• Autumn B •		* Spring A *		• Spring B •		* Summer A •		Summer B	
Outdoor	Hockey •	•	Netball •	•	Cricket •	•	REAL PE: Unit 4 •	REAL PE: Unit 5 *	Athletics/ Orienteering			
HOCKEY Indoor	REAL PE: Unit 1 *	Unit 1	REAL PE: Unit 2 *	Unit 2	REAL PE: Unit 3 *	Unit 3	Dance •	•	Gymnastics •	•	REAL PE: Unit 6 •	•
NETBALL	*			*	•	•		•	•	•	*	*
ATHELTICS/ ORIENTEERING	•			•	•	•				•	•	•
CRICKET				*	*	*		•	•	•	•	•