

	Year 3/4					
Phase 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Outdoor	REAL PE: Unit 2	Basketball Unit 1	REAL PE: Unit 3	Rugby (Wolves)	Swimming/ Cricket	Swimming/Athletics
Indoor	Gymnastics	REAL PE:	Dance	REAL PE: Unit 4	REAL PE: Unit 5	REAL PE Unit 6

	Static Balance: 1 leg Unit 1	Static Balance: Seated Unit 2	Static Balance: Floorwork Unit 5	Static Balance: Stance Unit 6	Dynamic Balance: On a line Unit 3	Dynamic Balance: Jumping & Landing Unit 2	Counter Balance: In Pairs Unit 4	Coordination: Sending & Receiving Unit 4	Coordination: Balls Skills Unit 3	Coordination: Footwork Unit 1	Agility: Ball Chasing Unit 6	Agility: Reaction & Response Unit 5
GYM	•	•	•	•			•	•		•		
DANCE	•	•	•	•	•	•	•					
RUGBY								•	•	•		
BASKETBALL					•	•		•	•	•	•	•
TENNIS	•										•	•
CRICKET											•	•
ROUNDERS											•	•
ATHLETICS	•			•	•	•				•		